

Couples' Values Exercise

II. Discuss as a couple:

1. What stood out to you about my values list?

2. How are our values similar? How are they different?

3. Are there any areas where you feel your values are being challenged?

4. How does this values conversation impact our family's goals?

5. If we fully embraced these values, what will our life look like 10 years from now? How is God directing our steps?
